Session Title:

EMPOWERING LOW-INCOME TRIBAL COMMUNITIES: ESCAPING POVERTY AND BECOMING SELF-SUFFICIENT

Session 3 Date/Time: June 26, 2017 | 3:00–4:15 p.m.

Session Description:
Self-sufficiency is about breaking the cycle of poverty that is often triggered by historical trauma. This session will highlight principles of assertive case management when targeting financial stability. While there is no single path to achieving empowerment, having the ability to support basic needs and thrive without the need of low-income programs is key to becoming self-sufficient.

Facilitator: Kim Pevia
Moderator:
What we will share in the Circle.....

- **Historical/Generational Trauma:** What is it? How does it show up? - 15 minutes

- **Strategies and best practices** - 20 minutes

- **What else do my consumers need in order to transform? What challenges might there be and how to overcome those challenges?** - 10 minutes

- **Historical/Generational Healing:** takeaways and next steps (how can this work live going forward?) What do we leave behind for the next generation? - 15 minutes
Historical trauma in Native American populations

CARRYING THE WOUNDS OF THE ANCESTORS
Historical/Generational Trauma:

What is it? How does it show up?

90-95% of the Native American population is murdered. Disappeared and Stereotyped

Loss of Identity
Conditioned Shame
Loss of Hope
Strategies and best practices

Cultural Practices

Emotional Intelligence

Arts and Entrepreneurship
What other challenges might there be? What else do my consumers need in order to transform?
Historical/Generational Healing

Intergenerational Conversations
And storytelling

Opportunity

What else?
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