Being ELITE
The way of a CHAMPION
• What does it mean to be ELITE?

• Who is ELITE?
• What does it mean to be ELITE?

• Who is ELITE?
Being ELITE

• 5 types of people:
  • Bad
  • Average
  • Good
  • Excellent
  • ELITE

• 3 Phases of being ELITE
URGENCY
TRUST
POSITIVE
Growth Mindset
MINDSET

• The “Zone”
  – Level of activation (thoughts) = Performance

• Self-Talk
  – Brain hears everything you say/body hears everything brain says
    • Positive/Negative/”ZONE”
  – Destructive Thoughts
    • “I Can’t”
    • Your story = mirror to yourself
PURPOSE/VISION

- Championship Trophy
  (Difference Makers Eliminating Energy Poverty)
  - Easy to Hold/Beautiful
  - The Process/Hard Work = True Trophy & Dream

- FOCUS ON THE PROCESS
  - Away from results, more on purpose
  - Focus on results creates: Anxiety, Stress, Tension
  - Focus on Process leads to: Relaxed, Confidence
ELITE ACTIONS
Pathway to Being ELITE
Will you be ELITE?