

Session Title:

EMPOWERING LOW-INCOME TRIBAL COMMUNITIES: ESCAPING POVERTY AND BECOMING SELF-SUFFICIENT

Session 3 Date/Time: June 26, 2017 | 3:00–4:15 p.m.

Session Description:

Self-sufficiency is about breaking the cycle of poverty that is often triggered by historical trauma. This session will highlight principles of assertive case management when targeting financial stability. While there is no single path to achieving empowerment, having the ability to support basic needs and thrive without the need of low-income programs is key to becoming self-sufficient.

Facilitator :Kim Pevia

Moderator:

What we will share in the Circle.....

- u Historical/Generational Trauma: What is it? How does it show up ? -15 minutes
- u Strategies and best practices -20 minutes
- u What else do my consumers need in order to transform? What challenges might there be and how to overcome those challenges. -10 minutes
- u Historical/Generational Healing: takeaways and next steps (how can this work live going forward?) What do we leave behind for the next generation? -15 minutes



Historical trauma in Native American populations

CARRYING THE WOUNDS OF THE ANCESTORS

Historical/Generational Trauma:

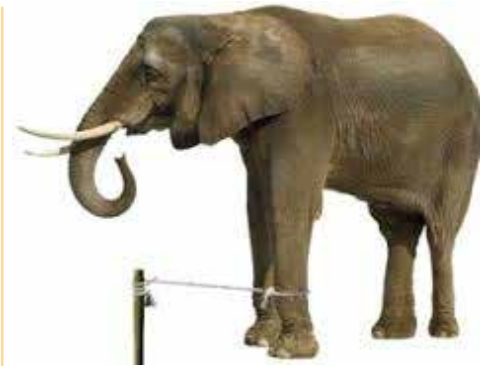
What is it? How does it show up ?



90-95 % of the
Native American
population is
murdered.



Disappeared
And
Stereotyped



Loss of Identity
Conditioned Shame
Loss of Hope

Strategies and best practices



**Cultural
Practices**

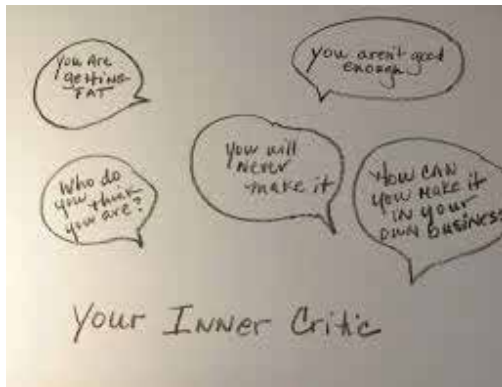


**Emotional
Intelligence**



**Arts and
Entrepreneurship**

What other challenges might there be?
What else do my consumers
need in order to transform?



Inner Critic



Talking Circles



Energy

Historical/Generational Healing



**Intergenerational
Conversations
And storytelling**



Opportunity

What else?



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