



Quick Reference Guide

TVCCA

Thames Valley Council for Community Action, Inc.

401 West Thames Street Unit 201
Norwich CT 06360-7155

Uncas Office 860- 889-1365

Fax 860-885-2738

Thames Valley Council for Community Action, Inc.

83 Huntington Street
New London CT 06320

New London Office- 860-444-0006

SVS - Fax 860-444-0059

ESS/ WIC - Fax 860-444-0061

Uncas - Program Direct Numbers:

ENERGY 860-425-6681 / 860-425-6540

HEAD START 860-425-6515

LITTLE LEARNERS EARLY EDUCATION 860-425-6521

WIC 860-425-6562

SHELTER 860-425-6574 / 860-425-6575

For more information on our agency or program services please join us on our web site at:

www.tvcca.org

◇
Women, Infants and Children (WIC): WIC is a supplemental food and nutrition education program for income eligible pregnant, postpartum, breast feeding women, and infants and children to 5 years of age. Income eligibility is based at or below 185% of the poverty level of the Federal Poverty guidelines. If you have Husky A Insurance you qualify for WIC. Participants receive nutrition education, counseling, and food package vouchers specifically tailored to meet their individual dietary needs and preferences. For women and children the vouchers are approximately \$60 per month. WIC supports breastfeeding as the best feeding choice for infants; for infants who are receiving alternate feeding, formula checks are available. Participants should contact the WIC staff to determine program eligibility. State Foster children under 5 years are automatically eligible. Serves New London County.

New London area 860-425-6620
Norwich area 860-425-6562

◇
Little Learners Early Education Program: Provides a licensed, quality, educational curriculum on a year round basis for children ages 6 weeks to 6 years. Little Learners Early Care Education centers are located in Taftville, New London, Groton, and Griswold. Little Learners fees are based on a sliding fee scale to help pay for the cost of care. All childcare subsidies are accepted. Our sites are NAEYC accredited and offer an educational curriculum to help children become school-ready.

860-425-6537

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Head Start (HS): Provides licensed quality child care to income eligible children birth to 5 yrs. Comprehensive services in the areas of nutrition, health, education, mental health, disabilities, parent involvement and family services. Two options are available in New London County: Center Based, and Early Head Start. Full-year and Part-year in NAEYC accredited facilities are available.

860-425-6515

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WIA Youth Program / ES: Providing case management services to income eligible out of school youths ages 16-21 who are currently seeking a High School Diploma.

860- 437-2385 x180

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Jobs First / ES: Case management services for TANF clients transitioning off cash assistance. Clients assigned by DSS.

Norwich 860-859-5763

◇
WIA Core Services / ES: (Workforce Investment Act) CT Works East is a partnership of agencies that are dedicated to supporting your search for employment. We provide services and resources for job seekers at no cost. Our professional staff is dedicated to providing you with support and career guidance.

New London – 860-439-7670
Norwich 860-859-5777

◇
WIA Adult & Dislocated Workers / ES: Serving qualified job seekers in upgrading marketability and can assist in applying for training funds or on-the-job training to help reach their career goals.

New London – 860-439-7670
Norwich 860-859-5777

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Senior Nutrition Program (SNP): Provides hot, nutritious meals to homes and community or senior centers in 39 towns throughout north and south eastern CT. Individuals age 60 and older and their spouse are eligible to dine at Senior Community Café or eligible for home-delivered meals if homebound. Reservations are necessary. There are no income guide-lines. Referrals for home delivered meals are made by phone. 24 hour voice mail available.

Office 860-886-1720
Meal on Wheels 860-886-1720 x 4 / 1-800-560-5015

◇
S.A.G.A / ESS: SAGA provides case management services to single, non-disabled adults referred by State Department of Social Services. Participants may receive assistance in the area of housing, employment, nutrition and any other areas of concern.

Norwich 860-425-6582
New London 860-425-6611

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Connecticut Energy Assistance Program / ESS:

The Connecticut Energy Assistance Program (CEAP) is a non-entitlement program that provides financial assistance to income eligible households towards their primary heating bills. Homeowners and renters may apply. Households eligible for Energy Assistance may also be eligible to receive Weatherization Assistance. Applications are taken at various locations throughout New London County.

Applications: 860-425-6681
Documentation Line: 860-425-6595

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Financial Education Program/VITA:

The Financial Education Program provides free Budgeting and Credit Workshops at CT Works locations throughout Southeastern CT. The program also provides clients with 1-1 assistance towards meeting their financial, educational and employment goals. The TVCCA is an IRS partner in the Volunteer Income Tax Assistance Program (VITA). The VITA program provides "free" income tax assistance for taxpayers earning less than fifty thousand dollars per year. Please call for additional information regarding the TVCCA-VITA and Financial Education Programs.

Financial Education Programs: 860-425-6626
VITA: 860-425- 6597

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Case Management Services /ESS: TVCCA provides case management services to clients who are in need of assistance. Services are individualized based on the needs of the clients. Types of assistance that can be provided include but are not limited to DSS application assistance, direct access to TVCCA programs, and referrals to food pantries.

Norwich 860-425-6582
New London 860-425-6611

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Senior Community Services Employment Program

(SCSEP-TITLE V) / SVS: New London County: SCSEP is a 15 hour per week, wage-subsidized, employment training program for displaced workers 55 and older. Income guidelines for enrollees.

860- 425-6603

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Shelter / HSD: Food and emergency shelter for homeless families with children under 18 years of age.

860-425-6574 or 860-425-6575

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Supportive Housing / HSD: Supportive housing for tenants who are permanently disabled and homeless.

860-425-6542

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Section 8 Housing / HSD: Housing subsidy program for low and very low income clients.

Access to program is through the state wide waiting list only.

860-425-6520 or 860-425-6543

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Eviction & Foreclosure Prevention / HSD: Mediation services and assistance with back rent via the rent bank. Income limit of up to 60% of State median income.

860-425-6570

◇
RAP / HSD: State funded rental assistance. Housing subsidy program for low and very low income clients.

Access to program is through the state wide waiting list only.

860-425-6520 or 860-425-6543

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**RSVP Southern New London County /
RSVP of Windham & Parts of Tolland**

Dual Purpose Program:

Provide volunteer opportunities for individuals 55 years of age and older.
RSVP volunteers provide vital services to their community.

860-425-6617 / 860-774-9286

◇
Foster Grandparent Program (FGP) / SVS: Serving New London County/Windham and parts of Tolland County: Adults over 55 mentor children in schools, shelters, and ECE centers. 1-20 hours a week of service. Volunteer Stipend, Income guideline for volunteers. No income guidelines for children.

860-425-6616



TVCCA

Thames Valley Council for Community Action, Inc. is a nonprofit social service agency that has been providing services for over 40 years.

For more information on our agency or program Services please join us on our web site:

www.tvcca.org