

Being **ELITE**

The way of a **CHAMPION**

- What does it mean to be **ELITE**?
- Who is **ELITE**?

THE AVENGERS



Spigot

- What does it mean to be **ELITE**?
- Who is **ELITE**?

Being ELITE

- 5 types of people:
- *Bad*
- *Average*
- *Good*
- *Excellent*
- **ELITE**
- 3 Phases of being **ELITE**

NEKTON MENTALITY





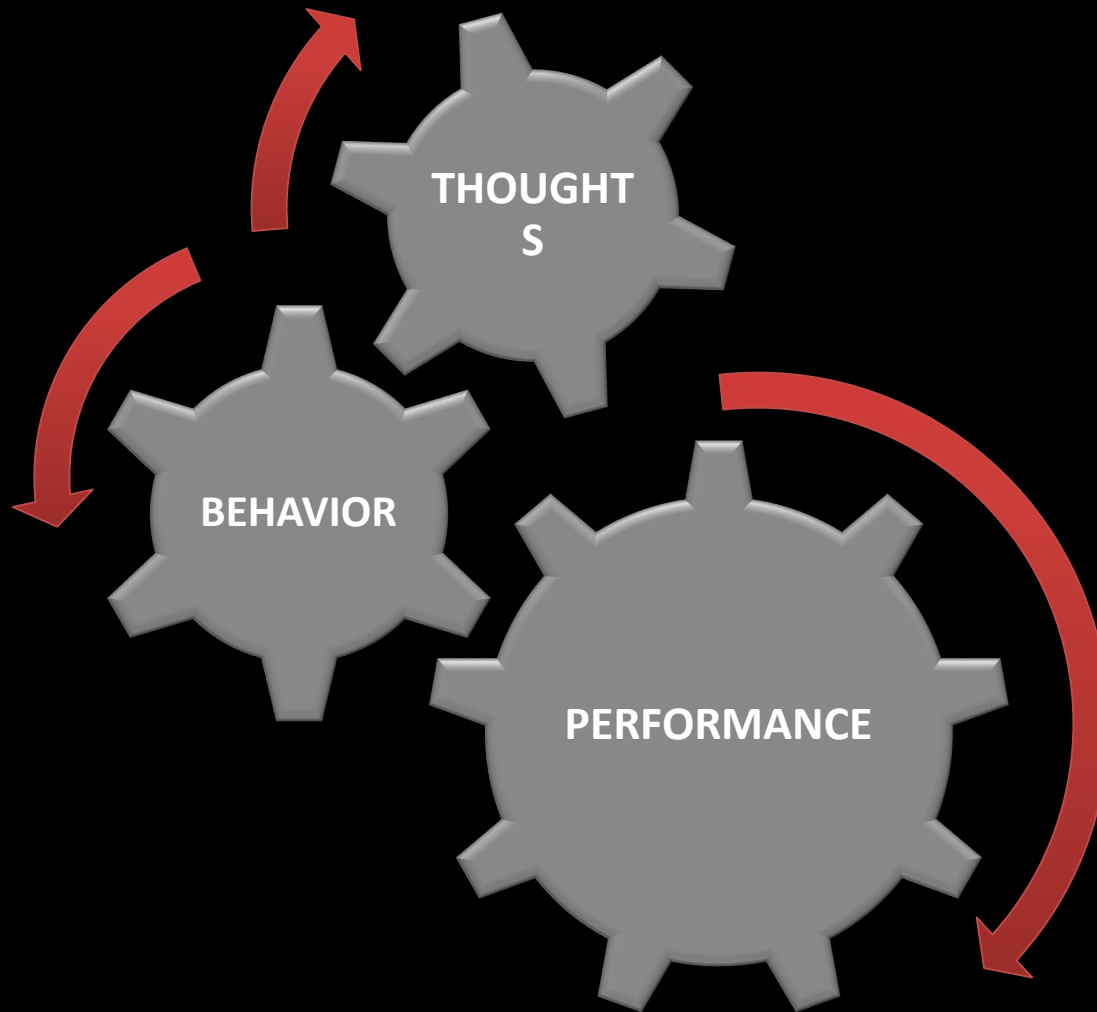
URGENCY

TRUST

POSITIVE

Growth Mindset

MINDSET



MINDSET

- The “Zone”
 - Level of activation (thoughts) = Performance
- Self-Talk
 - Brain hears everything you say/body hears everything brain says
 - Positive/Negative/“ZONE”
 - Destructive Thoughts
 - “I Can’t”
 - Your story = mirror to yourself

PURPOSE/VISION

- Championship Trophy
(Difference Makers Eliminating Energy Poverty)
 - Easy to Hold/Beautiful
 - The Process/Hard Work = True Trophy & Dream
- FOCUS ON THE PROCESS
 - Away from results, more on purpose
 - Focus on results creates: Anxiety, Stress, Tension
 - Focus on Process leads to: Relaxed, Confidence

ELITE ACTIONS

Pathway to Being **ELITE**

Will you be **ELITE**?