Connecticut

LIHEAP FY2025 Profile

87,149
Total Households Served

1 in 5
Eligible Households Served

421,117
Eligible Population*

$79,910
Income Eligibility Requirements †
for a 4-person household

$94,091,610
Total Funding Available

139,694
Times LIHEAP Restored Service or Prevented Disconnection

Types of Assistance §

Heating
87,149 Households Served
$490 Average Benefit

Crisis ‖
27,962 Households Served

Weatherization
902 Households Served

32% Households that cut back on food or medicine to afford energy bills ‡

25% Households that kept their home at unsafe temperatures due to energy costs ‡

26% Households that couldn't pay an energy bill at least once in the past year ‡

3% Average annual reduction in household energy burden after receiving LIHEAP

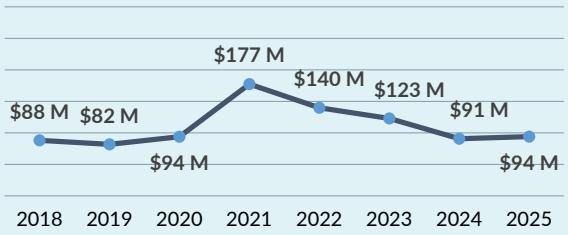
77%
Households served include a vulnerable member

29,000
Households served with a disabled member

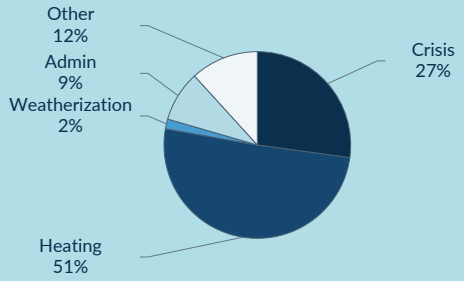
10,826
Households served with a child 5 or younger

46,883
Households served with a senior

Annual Funds, 2018 - 2025
($ millions)



Use of Funds



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NATIONAL ENERGY & UTILITY AFFORDABILITY COALITION

Data are current as of August 15, 2026. For more information, see https://liheappm.acf.gov/datawarehouse
* Refers to federally income-eligible households.
† For heating assistance.

‡ Source: U.S. Census Bureau Household Pulse Survey, Phase 4.2, Cycle 09. Household Energy Use and Spending in the last 12 Months, by Select Characteristics (Aug 20-Sept 16, 2024)
§ Some households may receive more than one type of assistance.
‖ Duplicated count; households receiving more than one type of crisis assistance may be counted more than once. Crisis funding includes winter crisis benefits.

LIHEAP Fast Facts

The Low Income Home Energy Assistance Program (LIHEAP) provides crucial financial assistance to help low-income families afford energy costs.

5.7 million
households supported

Nearly 6 million households across the U.S. received assistance from LIHEAP in FY2025.

>45,000
homes weatherized

Nearly 50,000 homes were weatherized using LIHEAP funds in FY2025, making them safer and more energy efficient.

2.4 million

In FY2025, LIHEAP **prevented disconnection or reconnected households** to energy or fuel more than 2 million times.

41,000
children

71,000
seniors

lifted out of poverty

In 2025, energy assistance helped to lift 41,000 children and 71,000 older adults out of poverty.

LIHEAP plays a crucial role in helping income-constrained families afford energy costs, prevent disconnections, and improve energy efficiency — ultimately impacting poverty levels and enhancing the overall well-being and safety of households.

Data are current as of July 18, 2026. For more information, see https://liheappm.acf.gov/datawarehouse