Iowa

LIHEAP FY2025 Profile

73,172
Total Households Served

1 in 5
Eligible Households Served

344,567
Eligible Population*

$60,000
Income Eligibility Requirements †
for a 4-person household

$60,521,682
Total Funding Available

10,284
Times LIHEAP Restored Service or Prevented Disconnection

Types of Assistance §

Heating
71,730 Households Served
$495 Average Benefit

Crisis ‖
10,284 Households Served

Weatherization
963 Households Served

Equipment Repair/ Replacement ‖
408 Households Served

24% Households that cut back on food or medicine to afford energy bills ‡

15% Households that kept their home at unsafe temperatures due to energy costs ‡

16% Households that couldn't pay an energy bill at least once in the past year ‡

3% Average annual reduction in household energy burden after receiving LIHEAP

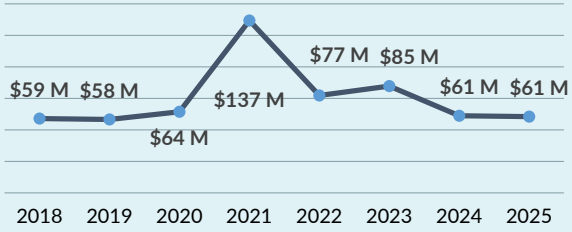
78%
Households served include a vulnerable member

35,612
Households served with a disabled member

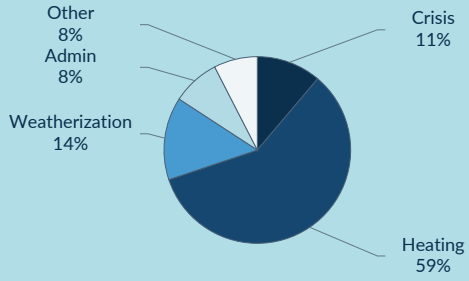
12,686
Households served with a child 5 or younger

30,717
Households served with a senior

Annual Funds, 2018 - 2025
($ millions)



Use of Funds



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NATIONAL ENERGY & UTILITY AFFORDABILITY COALITION

Data are current as of August 15, 2026. For more information, see https://liheappm.acf.gov/datawarehouse
* Refers to federally income-eligible households.
† For heating assistance.

‡ Source: U.S. Census Bureau Household Pulse Survey, Phase 4.2, Cycle 09. Household Energy Use and Spending in the last 12 Months, by Select Characteristics (Aug 20-Sept 16, 2024)
§ Some households may receive more than one type of assistance.
‖ Duplicated count; households receiving more than one type of crisis assistance may be counted more than once. Crisis funding includes year-round crisis benefits.

LIHEAP Fast Facts

The Low Income Home Energy Assistance Program (LIHEAP) provides crucial financial assistance to help low-income families afford energy costs.

5.7 million
households supported

Nearly 6 million households across the U.S. received assistance from LIHEAP in FY2025.

>45,000
homes weatherized

Nearly 50,000 homes were weatherized using LIHEAP funds in FY2025, making them safer and more energy efficient.

2.4 million

In FY2025, LIHEAP **prevented disconnection or reconnected households** to energy or fuel more than 2 million times.

41,000
children

71,000
seniors

lifted out of poverty

In 2025, energy assistance helped to lift 41,000 children and 71,000 older adults out of poverty.

LIHEAP plays a crucial role in helping income-constrained families afford energy costs, prevent disconnections, and improve energy efficiency — ultimately impacting poverty levels and enhancing the overall well-being and safety of households.

Data are current as of July 18, 2026. For more information, see https://liheappm.acf.gov/datawarehouse